White Pad Tattoo Aftercare Instructions

Your tattoo has been covered using an absorbent white pad dressing to protect the area immediately after your appointment. Proper aftercare is essential to reduce irritation, prevent infection, and help your tattoo heal cleanly and evenly.

LEAVING THE BANDAGE ON

Leave the white pad bandage on for approximately 2–6 hours unless instructed otherwise by your artist.

The dressing absorbs excess plasma, blood, and ink during the first stage of healing.

Remove the bandage sooner if:
• It becomes saturated
• It starts peeling off
• Water gets underneath
• The area becomes irritated

REMOVING THE BANDAGE

Wash your hands thoroughly before touching your tattoo.

Carefully remove the white pad dressing slowly to avoid irritating the skin.

If the bandage sticks slightly, use lukewarm water to help loosen it gently.

FIRST WASH

After removing the dressing:

• Wash the tattoo gently with lukewarm water and fragrance-free soap
• Use clean hands only
• Remove excess blood, plasma, and ink carefully
• Do not scrub the tattoo

Pat dry using a clean paper towel and allow the tattoo to air dry for several minutes.

MOISTURIZING

Apply a very thin layer of fragrance-free lotion or tattoo aftercare ointment.

The tattoo should feel lightly moisturized — not overly shiny or greasy.

Over-moisturizing can clog pores and slow healing.

DAILY AFTERCARE

Clean your tattoo 2–3 times daily during healing:

• Wash gently with fragrance-free soap
• Pat dry carefully
• Apply a thin layer of moisturizer
• Wear clean, loose-fitting clothing

WHAT IS NORMAL?

During healing, you may notice:
• Mild redness
• Tenderness
• Peeling
• Flaking
• Itching
• Dry or tight skin

These are normal stages of the healing process.

DO

• Keep the tattoo clean
• Stay hydrated
• Let peeling happen naturally
• Wash your hands before touching the tattoo
• Sleep on clean bedding during the first few nights

DO NOT

• Scratch or pick the tattoo
• Re-bandage unless instructed by your artist
• Soak in pools, baths, hot tubs, or the ocean
• Expose the tattoo to direct sunlight
• Use heavily scented lotions or soaps
• Shave over the tattoo while healing

HEALING TIMELINE

Days 1–3: Tenderness and light fluid release
Days 4–10: Peeling and itching
Weeks 2–4: Surface healing improves
Months 1–3: Deeper layers continue settling

WHEN TO SEEK HELP

Contact your artist or a medical professional if you experience:
• Excessive redness spreading outward
• Severe swelling
• Thick yellow or green discharge
• Fever or chills
• Extreme pain
• Persistent rash or allergic reaction

Proper aftercare directly impacts the appearance, longevity, and healing quality of your tattoo. If you have any concerns during the healing process, contact your tattoo artist.